**ESSO HANDS-ON COURSE ON SURGICAL TECHNIQUE – ABDOMINAL SURGERY**

Leiden (NL), 22nd to 24th September 2025

In partnership with Leiden University Medical Centre

**Chairs**

**Andrzej (Andre) Baranski**, Leiden University Medical Center, Leiden, NL

**Domenico D’Ugo**, Fondazione Policlinico Universitario A. Gemelli, Università Cattolica del Sacro Cuore, Rome, IT

**Co-chairs**

**Paul Gobée,** Leiden University Medical Center, Leiden, NL

**Faculty**

**Alberto Biondi,** Fondazione Policlínico Universitario A. Gemelli, Università Cattolica del Sacro Cuore, Rome, IT

**Hwai-Ding Lam**, Leiden University Medical Center, Leiden, NL

**Jaap Hamming,** Leiden University Medical Center, Leiden, NL

**Jan Lerut**, Université catholique Louvain, Brussels, BE

**Karol Polom**, Greaterpoland Cancer Center, Poznan, PL  
**Mark Burgmans**, Leiden University Medical Center, Leiden, NL   
**Marco de Ruiter**, Leiden University Medical Center, Leiden, NL

**Nicole D. Bouvy,** Leiden University Medical Center, Leiden, NL

**Sven Mieog,** Leiden University Medical Center, Leiden, NL

**Stijn van Laarhoven**, Leiden University Medical Center, Leiden, NL

**Thilo Hackert**, University Hospital Hamburg-Eppendorf, Hamburg, DE

**Programme**

22nd September 2025

13.00 – 13.15 Welcome and Introduction  
*A. Baranski,* *D. D’Ugo, P. Gobee, M. de Ruiter*

**Surgical Access to the Thorax and Abdomen through Median Laparotomy and Thoracotomy (Sternotomy)**

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| 13.15-13.25 | Theory: Anatomy  *P. Gobée* |

13.25-13.35 Theory: Surgical Technique

*A. Baranski*

**Surgical Access to the Abdominal Wall Repair**

13.35 – 13.45 Theory: Anatomy

P. Gobee

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| 13.45 – 14.15 | Theory: Surgical Technique |

**Kocher and Retro-peritoneal Right-sided Medial Visceral Rotation, Cattel-  
Braasch Manoeuvre**

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| 14.15 - 14.35 | Theory: Anatomy  *P. Gobée* |

14.35-15.00 Theory: Surgical Technique   
 *A.Baranski*

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| 15.00 -17.00 | Hands-on Session |

17.00 – 17.40 The Conditions that Need to be Met in Our Career to Become a Good Surgeon

*J. Lerut*

23rd September 2025

**Mobilisation of the Right and the Left Liver Lobe, Access to the IVC Behind the Liver, Liver Veins, Vascular Exclusion Technique, Access to the Hepatoduodenal Ligament**

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| 09.00 - 09.10 | Theory: Anatomy  *P. Gobée* |

09.10 - 09.20 Theory: Surgical Technique   
*S. van Laarhoven, A. Baranski*

**Surgical access to the oesophagus**

09.20 – 09.30 Theory: Anatomy

*P. Gobée*

09.30 – 09.40 Theory: Surgical Technique

*H. Hartgrink*

**Surgical Access to the Stomach**

09.40 – 09.50 Theory: Anatomy

*P. Gobee*

09.50 – 10.00 Theory: Surgical Technique

*D. D’ Ugo*

10.00 – 11.15 Hands-on Session

***11.15 – 11.30 Coffee break***

**Left-sided Medial Visceral Rotation With and Without Mobilization of the Left Kidney-Access to the Abdominal Aorta, Coeliac Trunk and Superior Mesenteric Artery-Mattox Manoeuvre**

11.30-11.40 Theory: Anatomy  
*P. Gobee*

11.40-11.50 Theory: Surgical Technique  
*J. Hamming*

11.50-12.30 Hands-on Session

***12.30 – 13.30 Lunch***

**Surgical Access to the Pancreas Body, Tail and the Spleen**

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| 13.30-13.40 | Theory: Anatomy  *P. Gobée* |

13.40 - 13.50 Theory: Surgical Technique   
*S. Mieog*

**Surgical Access to the Abdominal Aorta and Other Arterial Vessels – Above and Below the Renal Arteries**

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| 13.50-14.10 | Theory: Anatomy *P. Gobee* |

14.10 -14.30 Theory: Surgical Technique  
*J. Hamming*

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| 14.30 -16.30 | Hands-on Session |

**Surgical Access to the Colon and Rectum**

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| 16.30 -16.45 | Theory: Anatomy  *M. Ruiter* |

16.45-17.00 Theory: Surgical Technique   
*K. Polom*

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| 17.00-18.30 | Hands-on Session |

24th September 2025

08.25 – 09.25 Practical Repetitions on Cadavers with Masters

*Tutors: A. Baranski, D. D’Ugo, A. Biondi, T. Hackert, S. van Laarhoven, J.Hamming , S. Mieog, D. Lam*

**State of the Art of Oncological Surgical Techniques**

09.25 – 09.55 Radiological Access to the Abdomen and Abdominal Organs  
Abdominal Interventional Radiologist

*M. Burgmans*

09.55 – 10.00 Discussion

10.00 - 10.30 Stomach and Oesophagus Surgery. Pearl Tips and Tricks   
*D. D’Ugo*

10.30-10.35 Discussion

10.35-11.05 Liver Surgery. Pearls, Tips and Tricks   
*S. van Laarhoven, H. D. Lam*

11.05-11.10 Discussion

11.10 -11.40 Pancreas Surgery. Pearl Tips and Tricks  
*T. Hackert*

11.40 -11.45 Discussion

***11.45 -12.00 Coffee break***

12.00 -12.30 Oesophagus Surgery. Pearl, Tricks and Tricks  
*A. Biondi*

12.30 -12.35 Discussion

12.35 -13.05 Colon and Rectum Surgery. Pearl Tips and Tricks  
*K. Polom*

13.05 – 13.10 Discussion

***13.10-14.00 Lunch***

14.00 – 14:15 Closure

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