



Preliminary Programme
**ESSO HANDS-ON COURSE ON SURGICAL TECHNIQUE –
ABDOMINAL SURGERY**

Leiden (NL), 29th September to 01st October 2026

In partnership with Leiden University Medical Centre

Chairs

Andrzej (Andre) Baranski, Leiden University Medical Centre, Leiden, NL

Domenico D’Ugo, Fondazione Policlinico Universitario A. Gemelli, Università Cattolica del Sacro Cuore, Rome, IT

Co-chairs

Paul Gobée, Leiden University Medical Centre, Leiden, NL

Faculty

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Marco de Ruyter, Leiden University Medical Center, Leiden, NL

Zbigniew Galazka, Warsaw University Medical Centre, Warsaw, PL

Thilo Hackert, University Hospital Hamburg-Eppendorf, Hamburg, DE

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Jan Lerut, Université Catholique de Louvain, Brussels, BE

Sven Mieog, Leiden, Leiden University Medical Centre, Leiden, NL

Karol Polom, Greater Poland Cancer Centre, Poznan, PL

Flavio Tirelli, Fondazione Policlinico Universitario A. Gemelli, Università Cattolica del Sacro Cuore, Rome, IT

Stijn van Laarhoven, Leiden, Leiden University Medical Centre, Leiden, NL

Adam Zeyara, Skane University Hospital, Lund, SE

Programme	
Tuesday 29th September	
13.00 – 13.15	Welcome and introduction <i>A. Baranski, D. D'Ugo, P. Gobée,</i>
Surgical access to thorax and abdomen through median laparotomy and thoracotomy (sternotomy)	
13.15-13.25	Theory: Anatomy <i>P. Gobée</i>
13.25-13.35	Theory: Surgical technique <i>A. Zeyara</i>
Surgical access to the abdominal wall	
13.35 – 13.45	Theory: Anatomy <i>P. Gobée</i>
13.45 – 13.55	Theory: Surgical technique <i>A. Baranski</i>
Kocher and retro-peritoneal right-sided medial visceral rotation, Cattel-Braasch manoeuvre	
13.55 - 14.15	Theory: Anatomy <i>P. Gobée</i>
14.15-14.25	Theory: Surgical technique <i>A. Baranski</i>
14.25 - 16.30	Hands-on session <i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog, A. Zeyara, K. Polom, HD Lam, N. Bouvy, K.Palom, Z. Galazka, D. D'Ugo, A. Baranski</i>
16.30 – 16.45	<i>Coffee break</i>
17.00 – 17.40	The conditions that Need in Our Career to Become a Good Surgeon <i>J. Lerut</i>
Wednesday 30th September	
Mobilization of the right and the left liver lobe, access to the IVC behind the liver, liver veins, vascular exclusion technique, and access to the hepatoduodenal ligament	
09.00 - 09.10	Theory: Anatomy <i>P. Gobée</i>
09.10 - 09.20	Theory: Surgical technique <i>S. van Laarhoven</i>
Surgical access to the esophagus	
09.20 – 09.30	Theory: Anatomy <i>P. Gobée</i>
09.30 – 09.40	Theory: Surgical technique <i>A. Biondi</i>
Surgical access to the stomach	
09.40 – 09.50	Theory: Anatomy <i>P. Gobée</i>

09.50 – 10.00	Theory: Surgical technique <i>F. Tirelli</i>
10.00 – 11.15	Hands-on session <i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog, A. Zeyara, K. Polom, HD Lam, N. Bouvy, K.Polom, Z. Galazka, D. D’Ugo, A. Baranski</i>
11.15 – 11.30	Coffee break

Left-sided medial visceral rotation with and without mobilization of the left kidney-access to the abdominal aorta, coeliac trunk and superior mesenteric artery-Mattox maneuver	
11.30-11.40	Theory: Anatomy <i>P. Gobee</i>
11.40-11.50	Theory: Surgical technique <i>Z. Galazka</i>
11.50-12.30	Hands-on session <i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog, A. Zeyara, K. Polom, HD Lam, N. Bouvy, K.Polom, Z. Galazka, D. D’Ugo, A. Baranski</i>
12.30 – 13.00	Lunch
Surgical access to the pancreas body, tail and the spleen	
13.00-13.10	Theory: Anatomy <i>P. Gobée</i>
13.10-13.20	Theory: Surgical technique <i>S. Mieog</i>
Surgical access to the colon – sigmoid	
13.20-13.30	Theory: Anatomy <i>M.de Ruiter</i>
13.30-13.40	Theory: Surgical Technique <i>K. Polom</i>
13.40-15.00	Hands on session <i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog, A. Zeyara, K. Polom, HD Lam, N. Bouvy, K.Polom, Z. Galazka, D. D’Ugo, A. Baranski</i>
15.00 – 15.15	Coffee break
Surgical access to the rectum	
15.15-15.25	Theory: Anatomy <i>M. de Ruiter</i>
15.25-15.35	Theory: Surgical Technique <i>K.Polom</i>
Surgical access to the abdominal aorta and other arterial vessels – above and below the renal arteries	
15.35-15.45	Theory: Anatomy <i>M. de Ruiter</i>
15.45-15.55	Theory: Surgical technique <i>Z.Galazka</i>
15.55-17.15	Hands on session <i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog,</i>

	<i>A. Zeyara, K. Polom, HD Lam, N. Bouvy, K.Polom, Z. Galazka, D. D'Ugo, A. Baranski</i>
Thursday 01st October	
State of the art of Oncological Surgical Techniques	
08.25 - 09.30	Hands-on session <i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog, A. Zeyara, K. Polom, HD Lam, N. Bouvy, K.Polom, Z. Galazka, D. D'Ugo, A. Baranski</i>
09.45 – 10.15	Oesophagus surgery. Pearls, tricks and tricks <i>A. Biondi/ F. Tirelli</i>
10.15 – 10.20	Discussion
10.20 - 10.50	Stomach surgery. Pearls tips and tricks <i>D. D'Ugo</i>
10.50 -10.55	Discussion
10.55 – 11.25	Liver surgery. Pearls, Tips and Tricks <i>HD. Lam</i>
11.25 – 11.30	Discussion
11.30 – 11.45	<i>Coffee break</i>
11.45 – 12.15	Pancreas Surgery: Pearls, Tips and Tricks <i>T. Hackert</i>
12.15. - 12.20	Discussion
12.20 - 12.50	Colon and Rectum Surgery. Pearls tips and tricks <i>K. Polom</i>
12.50 – 12.55	Discussion
12.55 – 13.25	Radiological access to the abdomen and abdominal organs, Abdominal intervention radiologist <i>M. Burgmans</i>
13.25 – 13.30	Discussion