



# ESSO HANDS-ON COURSE ON SURGICAL TECHNIQUE – ABDOMINAL SURGERY

Leiden (NL), 29th September to 01st October 2026

In partnership with Leiden University Medical Centre

## Chairs

**Andrzej (Andre) Baranski**, Leiden University Medical Centre, Leiden, NL

**Domenico D’Ugo**, Fondazione Policlinico Universitario A. Gemelli, Università Cattolica del Sacro Cuore, Rome, IT

## Co-chairs

**Paul Gobée**, Leiden University Medical Centre, Leiden, NL

## Faculty

**Alberto Biondi**, Fondazione Policlinico Universitario A. Gemelli, Università Cattolica del Sacro Cuore, Rome, IT

**Nicole D. Bouvy**, Leiden University Medical Centre, Leiden, NL

**Mark Burgmans**, Leiden University Medical Centre, Leiden, NL

**Marco de Ruiter**, Leiden University Medical Center, Leiden, NL

**Zbigniew Galazka**, Warsaw University Medical Centre, Warsaw, PL

**Thilo Hackert**, University Hospital Hamburg-Eppendorf, Hamburg, DE

**Hwai-Ding Lam**, Leiden University Medical Centre, Leiden, NL

**Jan Lerut**, Université Catholique de Louvain, Brussels, BE

**Sven Mieog**, Leiden, Leiden University Medical Centre, Leiden, NL

**Arkadiusz Spychała**, SpychałaWielkopolska Oncology Center, Poznań, PL

**Flavio Tirelli**, Fondazione Policlinico Universitario A. Gemelli, Università Cattolica del Sacro Cuore, Rome, IT

**Stijn van Laarhoven**, Leiden, Leiden University Medical Centre, Leiden, NL

**Adam Zeyara**, Skane University Hospital, Lund, SE

| <b>Programme</b>   |   |
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| <b>Tuesday 29<sup>th</sup> September</b>   |   |
| <b>13.00 – 13.15</b>   | Welcome and introduction<br><i>A. Baranski, D. D'Ugo, P. Gobée,</i>   |
| <b>Surgical access to thorax and abdomen through median laparotomy and thoracotomy (sternotomy)</b>  |   |
| <b>13.15-13.25</b>   | Theory: Anatomy<br><i>P. Gobée</i>  |
| <b>13.25-13.35</b>   | Theory: Surgical technique<br><i>A. Zeyara</i>  |
| <b>Surgical access to the abdominal wall</b>   |   |
| <b>13.35 – 13.45</b>   | Theory: Anatomy<br><i>P. Gobée</i>  |
| <b>13.45 – 13.55</b>   | Theory: Surgical technique<br><i>A. Baranski</i>  |
| <b>Kocher and retro-peritoneal right-sided medial visceral rotation, Cattel-Braasch manoeuvre</b>  |   |
| <b>13.55 - 14.15</b>   | Theory: Anatomy<br><i>P. Gobée</i>  |
| <b>14.15-14.25</b>   | Theory: Surgical technique<br><i>A. Baranski</i>  |
| <b>14.25 - 16.30</b>   | <b>Hands-on session</b><br><i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog, A. Zeyara, A. Spychała, HD Lam, N. Bouvy, Z. Galazka, D. D'Ugo, A. Baranski</i> |
| <b>16.30 – 16.45</b>   | <i>Coffee break</i>   |
| <b>17.00 – 17.40</b>   | <b>What do you need to become a good (oncologic) surgeon--Advices given with the help of 10 great European minds</b> <i>by J. Lerut</i>   |
| <b>Wednesday 30<sup>th</sup> September</b>   |   |
| <b>Mobilization of the right and the left liver lobe, access to the IVC behind the liver, liver veins, vascular exclusion technique, and access to the hepatoduodenal ligament</b> |   |
| <b>09.00 - 09.10</b>   | Theory: Anatomy<br><i>P. Gobée</i>  |
| <b>09.10 - 09.20</b>   | Theory: Surgical technique<br><i>S. van Laarhoven</i>   |
| <b>Surgical access to the esophagus</b>  |   |
| <b>09.20 – 09.30</b>   | Theory: Anatomy<br><i>P. Gobée</i>  |
| <b>09.30 – 09.40</b>   | Theory: Surgical technique<br><i>A. Biondi</i>  |
| <b>Surgical access to the stomach</b>  |   |
| <b>09.40 – 09.50</b>   | Theory: Anatomy<br><i>P. Gobée</i>  |

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| 09.50 – 10.00 | Theory: Surgical technique<br><i>F. Tirelli</i>   |
| 10.00 – 11.15 | <b>Hands-on session</b><br><i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog, A. Zeyara, A. Spychala, HD Lam, N. Bouvy, Z. Galazka, D. D'Ugo, A. Baranski</i> |
| 11.15 – 11.30 | <b>Coffee break</b>   |

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| <b>Left-sided medial visceral rotation with and without mobilization of the left kidney-access to the abdominal aorta, coeliac trunk and superior mesenteric artery-Mattox maneuver</b> |   |
| 11.30-11.40   | Theory: Anatomy<br><i>P. Gobee</i>  |
| 11.40-11.50   | Theory: Surgical technique<br><i>Z. Galazka</i>   |
| 11.50-12.30   | <b>Hands-on session</b><br><i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog, A. Zeyara, HD Lam, N. Bouvy, A. Spychala, Z. Galazka, D. D'Ugo, A. Baranski</i> |
| 12.30 – 13.00   | <b>Lunch</b>  |
| <b>Surgical access to the pancreas body, tail and the spleen</b>  |   |
| 13.00-13.10   | Theory: Anatomy<br><i>P. Gobée</i>  |
| 13.10-13.20   | Theory: Surgical technique<br><i>S. Mieog</i>   |
| <b>Surgical access to the colon – sigmoid</b>   |   |
| 13.20-13.30   | Theory: Anatomy<br><i>P. Gobée</i>  |
| 13.30-13.40   | Theory: Surgical Technique<br><i>A. Spychala</i>  |
| 13.40-15.00   | <b>Hands on session</b><br><i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog, A. Zeyara, A. Spychala, HD Lam, N. Bouvy, Z. Galazka, D. D'Ugo, A. Baranski</i> |
| 15.00 – 15.15   | <b>Coffee break</b>   |
| <b>Surgical access to the rectum</b>  |   |
| 15.15-15.25   | Theory: Anatomy<br><i>M. de Ruiter</i>  |
| 15.25-15.35   | Theory: Surgical Technique<br><i>A. Spychala</i>  |
| <b>Surgical access to the abdominal aorta and other arterial vessels – above and below the renal arteries</b>   |   |
| 15.35-15.45   | Theory: Anatomy<br><i>P. Gobée</i>  |
| 15.45-15.55   | Theory: Surgical technique<br><i>Z.Galazka</i>  |
| 15.55-17.15   | <b>Hands on session</b><br><i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog,</i>   |

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|  | <i>A. Zeyara, A. Spychała, HD Lam, N. Bouvy, Z. Galazka, D. D'Ugo, A. Baranski</i>  |
| <b>Thursday 01<sup>st</sup> October</b>                    |   |
| <b>State of the art of Oncological Surgical Techniques</b> |   |
| <b>08.25 - 09.30</b>                                       | <b>Hands-on session</b><br><i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog, A. Zeyara, A. Spychała, HD Lam, N. Bouvy, Z. Galazka, D. D'Ugo, A. Baranski</i> |
| <b>09.45 – 10.15</b>                                       | Oesophagus surgery. Pearls, tricks and tricks<br><i>A. Biondi/ F. Tirelli</i>   |
| <b>10.15 – 10.20</b>                                       | Discussion  |
| <b>10.20 - 10.50</b>                                       | Stomach surgery. Pearls tips and tricks<br><i>D. D'Ugo</i>  |
| <b>10.50 -10.55</b>  | Discussion  |
| <b>10.55 – 11.25</b>                                       | Liver surgery. Pearls, Tips and Tricks<br><i>HD. Lam</i>  |
| <b>11.25 – 11.30</b>                                       | Discussion  |
| <b>11.30 – 11.45</b>                                       | <i>Coffee break</i>   |
| <b>11.45 – 12.15</b>                                       | Pancreas Surgery: Pearls, Tips and Tricks<br><i>T. Hackert</i>  |
| <b>12.15. - 12.20</b>                                      | Discussion  |
| <b>12.20 - 12.50</b>                                       | Colon and Rectum Surgery. Pearls tips and tricks<br><i>A. Spychała</i>  |
| <b>12.50 – 12.55</b>                                       | Discussion  |
| <b>12.55 – 13.25</b>                                       | Radiological access to the abdomen and abdominal organs,<br>Abdominal intervention radiologist<br><i>M. Burgmans</i>  |
| <b>13.25 – 13.30</b>                                       | Discussion  |
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