

*Preliminary Programme*

**ESSO Hands-On Course On Surgical Technique – Abdominal Surgery**

**Leiden (NL), 29 September – 01 October 2026**

*In partnership with Leiden University Medical Centre*

**Chairs**

**Andrzej (Andre) Baranski**, Leiden University Medical Centre, Leiden, NL

**Domenico D’Ugo**, Fondazione Policlinico Universitario A. Gemelli, Università Cattolica del Sacro Cuore, Rome, IT

**Co-chairs**

**Paul Gobée**, Leiden University Medical Centre, Leiden, NL

**Faculty**

**Alberto Biondi**, Fondazione Policlinico Universitario A. Gemelli, Università Cattolica del Sacro Cuore, Rome, IT

**Nicole D. Bouvy**, Leiden University Medical Centre, Leiden, NL

**Mark Burgmans**, Leiden University Medical Centre, Leiden, NL

**Marco de Ruyter**, Leiden University Medical Center, Leiden, NL

**Zbigniew Galazka**, Warsaw University Medical Centre, Warsaw, PL

**Thilo Hackert**, University Hospital Hamburg-Eppendorf, Hamburg, DE

**Hwai-Ding Lam**, Leiden University Medical Centre, Leiden, NL

**Jan Lerut**, Université Catholique de Louvain, Brussels, BE

**Sven Mieog**, Leiden, Leiden University Medical Centre, Leiden, NL

**Karol Polom**, Greater Poland Cancer Centre, Poznan, PL

**Flavio Tirelli**, Fondazione Policlinico Universitario A. Gemelli, Università Cattolica del Sacro Cuore, Rome, IT

**Stijn van Laarhoven**, Leiden, Leiden University Medical Centre, Leiden, NL

**Adam Zeyara**, Skane University Hospital, Lund, SE

## Programme

### Tuesday 29 September

13:00 – 13:15	Welcome and introduction <i>A. Baranski, D. D’Ugo, P. Gobée,</i>
<b>Surgical access to thorax and abdomen through median laparotomy and thoracotomy (sternotomy)</b>	
13:15 – 13:25	Theory: Anatomy <i>P. Gobée</i>
13:25 – 13:35	Theory: Surgical technique <i>A. Zeyara</i>
<b>Surgical access to the abdominal wall</b>	
13:35 – 13:45	Theory: Anatomy <i>P. Gobée</i>
13:45 – 13:55	Theory: Surgical technique <i>A. Baranski</i>
<b>Kocher and retro-peritoneal right-sided medial visceral rotation, Cattel-Braasch manoeuvre</b>	
13:55 – 14:15	Theory: Anatomy <i>P. Gobée</i>
14:15 – 14:25	Theory: Surgical technique <i>A. Baranski</i>
<b>14:25 – 16:30</b>	<b>Hands-on session</b> <i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog, A. Zeyara, K. Polom, HD Lam, N. Bouvy, K.Palom, Z. Galazka, D. D’Ugo, A. Baranski</i>
<b>16:30 – 16:45</b>	<b>Coffee break</b>
<b>17:00 – 17:40</b>	<b>What do you need to become a good (oncologic) surgeon - Advices given with the help of 10 great European minds</b> <i>J. Lerut</i>

### Wednesday 30 September

<b>Mobilization of the right and the left liver lobe, access to the IVC behind the liver, liver veins, vascular exclusion technique, and access to the hepatoduodenal ligament</b>	
09:00 – 09:10	Theory: Anatomy <i>P. Gobée</i>
09:10 – 09:20	Theory: Surgical technique <i>S. van Laarhoven</i>
<b>Surgical access to the esophagus</b>	
09:20 – 09:30	Theory: Anatomy <i>P. Gobée</i>

09:30 – 09:40	Theory: Surgical technique <i>A. Biondi</i>
<b>Surgical access to the stomach</b>	
09:40 – 09:50	Theory: Anatomy <i>P. Gobée</i>
09:50 – 10:00	Theory: Surgical technique <i>F. Tirelli</i>
<b>10:00 – 11:15</b>	<b>Hands-on session</b> <i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog, A. Zeyara, K. Polom, HD Lam, N. Bouvy, K.Polom, Z. Galazka, D. D’Ugo, A. Baranski</i>
<b>11:15 – 11:30</b>	<b>Coffee break</b>
<b>Left-sided medial visceral rotation with and without mobilization of the left kidney-access to the abdominal aorta, coeliac trunk and superior mesenteric artery-Mattox maneuver</b>	
11:30 – 11:40	Theory: Anatomy <i>P. Gobe</i>
11:40 – 11:50	Theory: Surgical technique <i>Z. Galazka</i>
<b>11:50 – 12:30</b>	<b>Hands-on session</b> <i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog, A. Zeyara, K. Polom, HD Lam, N. Bouvy, K.Polom, Z. Galazka, D. D’Ugo, A. Baranski</i>
<b>12:30 – 13:00</b>	<b>Lunch</b>
<b>Surgical access to the pancreas body, tail and the spleen</b>	
13:00 – 13:10	Theory: Anatomy <i>P. Gobée</i>
13:10 – 13:20	Theory: Surgical technique <i>S. Mieog</i>
<b>Surgical access to the colon – sigmoid</b>	
13:20 – 13:30	Theory: Anatomy <i>P. Gobée</i>
13:30 – 13:40	Theory: Surgical Technique <i>K. Polom</i>
<b>13:40 – 15:00</b>	<b>Hands-on session</b> <i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog, A. Zeyara, K. Polom, HD Lam, N. Bouvy, K.Polom, Z. Galazka, D. D’Ugo, A. Baranski</i>
<b>15:00 – 15:15</b>	<b>Coffee break</b>
<b>Surgical access to the rectum</b>	
15:15 – 15:25	Theory: Anatomy <i>M. de Ruiter</i>

15:25 – 15:35	Theory: Surgical Technique <i>K. Polom</i>
<b>Surgical access to the abdominal aorta and other arterial vessels – above and below the renal arteries</b>	
15:35 – 15:45	Theory: Anatomy <i>P. Gobée</i>
15:45 – 15:55	Theory: Surgical technique <i>Z. Galazka</i>
<b>15:55 – 17:15</b>	<b>Hands-on session</b> <i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog, A. Zeyara, K. Polom, HD Lam, N. Bouvy, K.Polom, Z. Galazka, D. D’Ugo, A. Baranski</i>

### Thursday 01 October

<b>State of the art of Oncological Surgical Techniques</b>	
<b>08:25 – 09:30</b>	<b>Hands-on session</b> <i>Tutors: A.Biondi, F. Tirelli, T.Hackert, S.van Laarhoven, S. Mieog, A. Zeyara, K. Polom, HD Lam, N. Bouvy, K.Polom, Z. Galazka, D. D’Ugo, A. Baranski</i>
09:45 – 10:15	Oesophagus surgery. Pearls, tricks and tricks <i>A. Biondi/ F. Tirelli</i>
10:15 – 10:20	Discussion
10:20 – 10:50	Stomach surgery. Pearls tips and tricks <i>D. D’Ugo</i>
10:50 – 10:55	Discussion
10:55 – 11:25	Liver surgery. Pearls, Tips and Tricks <i>HD. Lam</i>
11:25 – 11:30	Discussion
<b>11:30 – 11:45</b>	<b><i>Coffee break</i></b>
11:45 – 12:15	Pancreas Surgery: Pearls, Tips and Tricks <i>T. Hackert</i>
12:15 – 12:20	Discussion
12:20 – 12:50	Colon and Rectum Surgery. Pearls tips and tricks <i>K. Polom</i>
12:50 – 12:55	Discussion
12:55 – 13:25	Radiological access to the abdomen and abdominal organs, Abdominal intervention radiologist <i>M. Burgmans</i>
13:25 – 13:30	Discussion